

## Student Request to Receive Allergy Immunotherapy

I request to receive my allergy injections at the Indiana University Health Center (IUHC) and agree to the following:

1. I understand that the prescription and mixing of my serum, the content of my vials, the concentration of my serum, and the dosage schedule are the responsibility of my allergist, Dr. \_\_\_\_\_. There is not an allergist on staff at IUHC.
2. I understand that the serum vials may be hand delivered by me or mailed to the IUHC by my allergist's office. I understand that it is my responsibility to request my serum and a copy of my injection record to take to my allergist during holidays, breaks, and other absences and it is my responsibility to return these materials to IUHC in order to continue to receive allergy injections. I understand the importance of keeping my serum refrigerated in transit.
3. I understand that my Allergist must complete and fax to IUHC the following forms prior to my receiving allergy injections: These can be found at [www.healthcenter.indiana.edu](http://www.healthcenter.indiana.edu) Click on **Download Forms**
  - **Referring Allergist Agreement**
  - **Allergist Order Sheet**
  - **Allergy Patient Dosage Recording Sheet**
4. I understand that I will be required to have an Epi Pen with me on the day I receive my allergy injections. **No Epi Pen = No Allergy Injection**. Your allergist can provide you with a prescription.
5. I understand that I should report to the nurse any reaction to my last allergy injection, any increase in allergy symptoms, or any change in my health status prior to receiving any injections.
6. I understand that certain medications for eye problems, headaches, and blood pressure contain **Beta Blockers** which can increase sensitivity to allergens and potentiate anaphylaxis. I understand that if I am taking any new prescription or over the counter medications since my last visit to the IUHC, I must inform the nurse prior to receiving any injections.
7. I understand that I am required to wait for 30 minutes at the IUHC after my allergy injections.
8. I understand that it is recommended that I not perform any strenuous exercise the two hours before and two hours after my allergy injection.
9. I have been given the **Allergy Immunotherapy Instructions** sheet. I have read and understand this information detailed on the **Allergy Immunotherapy Instructions** sheet, and I have been given the opportunity to ask questions and have all of my questions answered.

\_\_\_\_\_  
Student Name – Please Print

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
University ID #