



INDIANA UNIVERSITY

HEALTH CENTER
Bloomington

Dear IU Student:

February 2016

IMPORTANT: Indiana University (IU) does not require a physical examination. However, we do require the completion of the Health History Questionnaire. This information will assist the IU Health Center (IUHC) professional staff in providing you with high-quality, personalized health care. Once you create your own Patient Portal account from www.healthcenter.indiana.edu, you will receive an email from reminders@eclinicalmail.com. This email will give you complete instructions on how to log into your patient portal and submit your required Health History Questionnaire.

If you suffer from a severe or chronic health problem please have your current medical provider send a summary of your past medical history to Health Information Management Department, IU Health Center before you arrive on campus. If there are any special needs, please have your current provider list these in the information they forward to the IUHC. We also suggest you schedule an introductory appointment with one of our providers when you get to campus.

The IUHC offers a wide array of health services. Medical care is provided by appointment or on a walk-in basis. Your new health care team of providers is made up of physicians, nurse practitioners, physician assistants, and registered nurses.

Our normal hours of operation are: Monday through Friday from 8 am-4:30 pm.
The Medical Staff also offers these extra services in the fall and spring semesters ONLY:

- After-hours advice is offered Monday through Friday 5-11 pm and Saturday and Sunday 8 am –11 pm. This after-hours call service is an advice line designed to assist students with emergent medical problems such as injury or the onset of illness. There is no cost for this service, and it is available by calling 812-330-3790.
- Extended hours are offered most Saturdays from 10 am–2 pm during the fall and spring semesters.

The following services are located in the IUHC for your convenience: pharmacy, clinical laboratory, x-ray, physical therapy, allergy injection service, international travel clinic and immunizations. Having these services in one location assists the IUHC's medical staff in providing efficient high-quality care. The IUHC Pharmacy delivers medications to all campus residence halls. To learn more, visit <http://www.healthcenter.indiana.edu/services/pharmacy-delivery.shtml>.

The IUHC offers a comprehensive health care system including Counseling and Psychological Services (CAPS). CAPS mental health providers include psychiatrists, psychologists, counselors and social workers who specialize in the needs of college students. CAPS offers assessment and counseling to assist students whose personal concerns or mental health conditions are interfering with their ability to function effectively in their daily lives. To schedule with CAPS, call 812-855-5711 for a 30 minute CAPS-Now appointment. You will be scheduled within 48 hours of contacting CAPS. In this appointment you and the counselor will plan the best CAPS service for you. Students who experience a crisis and wish to speak with a counselor outside of CAPS regular hours of operation, may talk with a mental health counselor via phone by calling 812-855-5711 and selecting option 1. A Sexual Assault Crisis Service and a Drug and Alcohol Center are also available if needed.

The IUHC's Health and Wellness department's goal is to assist you in making the most of your educational experience and help create a healthier lifestyle. This educational unit offers health related classes, smoking cessation programs, information on communicable disease, stress reduction and nutrition counseling.

Any degree seeking student enrolled at IU Bloomington is eligible for care at the IUHC. Students taking more than three credits are assessed a health fee each semester on their bursar's bill. Health insurance is recommended for all students. Payment for services at the IUHC is appreciated at the time of service. Cash, check, debit card, MasterCard, Discover and Visa are accepted or the charge can be directly transferred to the student's bursar account. An itemized statement of charges is provided at the completion of each visit, and you may submit it to your insurance company for reimbursement application.

If you have questions about the IUHC, please call 812-855-4011. We also invite you to visit us at the corner of 10th and N. Jordan Avenue or take a [virtual tour](http://www.healthcenter.indiana.edu) on our website www.healthcenter.indiana.edu.

Sincerely,

Pete Grogg, MHA
Executive Director