Who are the Crimson CORPS?
Crimson CORPS is committed to creating a culture of compassion and action at IU. The Crimson CORPS recognizes that sometimes it’s easiest to talk with a fellow student. CORPS volunteers are carefully selected undergraduate students, trained to provide informal, accepting and non-judgmental peer support. The Crimson CORPS are also invested in raising awareness to issues of emotional well-being within the student community.

Applications to join Crimson CORPS are due October 1st.

Confidentiality
Peer counselors are required to maintain the confidentiality of the students who seek out their support. Under normal circumstances, nothing will be revealed to anyone else without your express permission.
What is Peer Support?

DID YOU KNOW...
1 in 5 college students are depressed
1 in 2 is overwhelmingly anxious
1 in 10 is coping with mental illness
1 in 6 has seriously considered attempting suicide

Statistics show that many suffer alone...
Crimson CORPS is trying to change this.

Crimson CORPS volunteers are trained to:
- Provide a safe and non-judgmental environment
- Listen empathically
- Communicate sensitively
- Maintain confidentiality
- Respect boundaries
- Recognize when and how to refer students for professional counseling services

What can I Talk to a Crimson CORPS Peer About?
Relationship Issues with friends, partners, family
School Stress
Decisions and Transitions,
ANYTHING that concerns you!

Crimson CORPS volunteers are not counselors and therefore, will not provide diagnoses or directive advice.
Becoming a Crimson CORPS Volunteer

Who can join the CORPS?
We are looking to create a diverse group of undergraduate students who offer different perspectives but who are bonded by a common commitment to our mission and shared values involving:

- A passion for helping others
- An interest in stretching themselves to engage with people on a different level
- An openness to expanding their sense of compassion, tolerance and appreciation of themselves and others
- A desire to make a difference in the lives of fellow IU students

What will I learn?
Crimson CORPS members are trained and supervised by the professional staff at IU’s Counseling & Psychological Services. Skills you’ll acquire will be useful in all aspects of your life. We will help you learn how to:

- Listen actively without judgment
- Engage people from different backgrounds
- Gather important information in non-threatening ways
- Engender a feeling of trust and safety

What will be required of me?
Crimson CORPS is a commitment but one that is rewarding on many levels. As we are in the beginning phases of this program, members who join now will be active in shaping the program, activities and services of the CORPS. What we ask of you right now is that you commit to:

- Attend an initial half-day training
- Attend additional 90 minute training sessions once per month
- Volunteer for at least two semesters
- Bring your passion and energy to the mission of Crimson CORPS