Applying to Crimson CORPS

What is Crimson CORPS?

Indiana University’s Crimson CORPS (Caring, Open-Minded, Respectful Peer Support) is a group of carefully selected undergraduate students, trained to provide informal, accepting and non-judgmental peer support. As a student group, the mission of the CORPS is to promote a culture of compassion and action at IU, and to bring awareness to issues of emotional well-being and mental health within the student community. We do this through peer-to-peer support, advocacy and outreach on campus.

Who can join?

We are looking for a diverse group of undergraduate students who offer different perspectives but who are bonded by a common commitment to our mission and shared values involving:

- A passion for helping others
- An interest in mental health, with hope to improve awareness and reduce stigma
- An openness to expanding their sense of compassion, tolerance and appreciation of themselves and others
- A desire to make a difference in the lives of IU students

What will I learn?

Crimson CORPS members are trained and supervised by the professional staff at IU Counseling & Psychological Services. Skills you’ll acquire will be useful in all aspects of your life. Members participate in more than 30 hours of training that is both informational and experiential. Students can expect to gain the following from this training:

- Knowledge regarding various mental health issues facing college students including depression, anxiety, suicide, disordered eating/body image, sexual assault, and problem drinking/drugs
- Ability to recognize signs of distress in a fellow student
- Basic intervention skills including listening, attending, and empathic response
- Appropriate referral techniques
- Awareness of issues preventing students from seeking help including fear, shame, stigma, or cultural issues
- Engaging people from different backgrounds

What will be required of me?

Crimson CORPS is a commitment but one that is rewarding on many levels.

- Attend 1 half-day training per semester
- Attend 90-minute training sessions once per month
- Participate in monthly task team meetings
- Commit to volunteer for 2 semesters (Fall ’19 & Spring ‘20)
- Participate in 2 outreach programs per semester

I’M IN! HOW DO I JOIN?

Complete the application form HERE and email to ccorps@indiana.edu by February 22nd, 2019. Applicants will be notified as to the status of their application by March 8th, 2019. A CAPS staff member will contact you via email if you are selected for an interview. Crimson CORPS is open to undergraduate students only.

Check out our website (http://go.iu.edu/crimsoncorps), or on Facebook @iucrimsoncorps). Please feel free to email us with questions or for more information at ccorps@indiana.edu.